

Power To Choose at St. Helen School

Thanks again for a great afternoon at St. Helen School! We had a great time and really appreciated the enthusiasm that everyone demonstrated!



The St. Helen basketball players with the Power To Choose Sports Stars!

Be sure to visit the Power To Choose section of the website to read about each of the Sports Stars, learn about our [summer camps](#) and to watch videos of our team in action. You can also read our 'message to students' and sign up for our [monthly newsletter](#) to receive an inspirational email from Mano each month!

www.powertochoose.ca